

THREE EASY STEPS FOR YOUR CATERING:

1. Please call 774.678.0595 or fax 774.678.0537 or email to GourmetGardenWareham@gmail.com;
2. Simply tell our manager your budget;
3. That's it! We will take care of the rest!

Book Your Party Now!

**Private Party Room
Can Accommodate
Parties For 100 People**

AKAI RICE

(Multi-Grains, Contains Wheat)
Strongly recommended,
good for your health.

Contains no sugar. 56 times more fiber than regular rice, easy to digest, helps to clean (detoxify) the colon. Lower blood sugar levels, reduces water weight and bloating.

- LUNCH • DINNER
- TAKE OUT • COCKTAILS
- FUNCTIONS • CATERING
- HIBACHI COOKING SHOW **NEW**
- SUSHI CLASS **NEW**
For more details please e-mail to GOURMETGARDENWAREHAM@GMAIL.COM

HOURS

Sun. - Thurs. 11:30 am - 10:00 pm
Fri. - Sat. 11:30 am - 11:00 pm

WEEKEND ENTERTAINMENT

- Karaoke • Dance • DJ
- 9:00 pm to Close



GOURMET GARDEN
CHINESE-HIBACHI-SUSHI-LOUNGE

OTHER LOCATIONS:

- 95 Washington Street, Canton, MA 02021
- 48 Whiting Street, Hingham, MA 02043
- 430 Paradise Road, Swampscott, MA 01907
- 45 Enon Street, Beverly, MA 01915
- 452 Main Street, Falmouth, MA 02540

Chinese

0 Trans Fat All Appetizers
No MSG are Freshly Made

Appetizers

1	Edamame	5.75
	<i>Steamed soy bean with sea salt</i>	
2	Vegetable Spring Roll	5.00
3	Egg Roll	5.00
4	Shu Mai (steamed or fried) (8)	5.70
5	Peking Ravioli (steamed or fried)	8.50
6	Fried Shrimp	9.70
7	Salt & Pepper Soft Shell Crab	13.70
8	Chicken Wing	9.70
9	Chicken Fingers	9.70
10	Crab Rangoon	8.70
11	Spicy Tuna Rangoon	10.70
12	Chicken Teriyaki	9.00
13	Beef Teriyaki	9.00
14	Boneless Rib	10.25
15	Barbecued Spare Ribs	10.70
16	Salted & Pepper Calamari	12.70
17	Salted & Pepper Shrimp	14.70
18	Phil's Amazing Special	12.70
	<i>Tuna, salmon, white fish and avocado in tempura batter with sweet and sour sauce</i>	
19	Organic Chicken Lettuce Wrap	
	with Pinenut (must try)	9.70
20	Shrimp Lettuce Wrap	12.70
21	Vegetable Tempura	7.70
22	Scallion Pancake	5.70
23	Pu Pu Platter	for 1 12.70 for 2 22.70
	<i>Egg roll, crab Rangoon, fried shrimp, chicken wings, chicken fingers, beef teriyaki and boneless ribs</i>	
24	Thai Ribs (sweet & sour flavor)	12.70
25	Salt & Pepper Wings	10.25
26	Pork Gyoza (Japanese dumpling)	6.00
27	Oysters (Dine-in only)	
	before 5pm after 5pm	
	half dozen	6.00 12.00
	one dozen	12.00 24.00
29	Vegetable Dumpling	5.70

Salad

30	Spicy Seafood Salad	8.70
31	Avocado Salad	7.50
32	Seaweed Salad	7.50
33	Lobster Salad	14.70
34	Grilled Salmon Organic Salad	11.70
	<i>Seared rare with black pepper and toasted sesame seeds, mixed field organic greens, lettuce, cucumber with yuzu citrus dressing.</i>	
35	Grilled Tuna Organic Salad	11.70
	<i>Seared rare with black pepper and toasted sesame seeds, mixed field organic greens, lettuce, cucumber with yuzu citrus dressing.</i>	
36	Mix Green Salad	6.70

Indicates spicy

Core Value

We sell the highest quality food available.

Fine Chinese Cuisine & more

Soup

		Small	Large
37	Hot and Sour Soup	4.25	6.70
38	Wonton Soup	4.25	6.70
39	Miso Soup	2.75	4.70
40	Chicken Noodle Soup	4.70	9.25
41	Chicken Rice Soup	4.70	9.25
42	Vegetable Noodle Soup	4.50	9.00
43	Chinese Seafood Soup (for 2)		11.70
44	Chicken Corn Soup (for 2)		9.70

Vegetarian

Sautéed, steamed option is available upon request

45	Broccoli	10.70
46	Chinese Baby Bok Choy	10.70
47	String Bean	10.70
48	Vegetable Delight	10.70
49	Eggplant (in garlic sauce)	10.70
50	Ginger Tofu	10.70
51	Family Style Tofu	10.70

Diet Selection

52	Steamed Vegetable & Tofu	10.70
53	Steamed Chicken with Vegetables	12.70
54	Steamed Shrimp with Vegetables	14.70

Old Time Favorites

55	Chow Mein or Chop Suey	9.25
	<i>Choice of chicken, beef, shrimp, vegetable or pork</i>	
56	Egg Foo Yong	9.50
	<i>Choice of pork, beef, chicken, shrimp or vegetable</i>	
57	Moo Shi	10.70
	<i>Choice of chicken, pork, beef, shrimp or vegetable</i>	

Noodles

		Small	Large
58	Pad Thai	8.70	12.00
	<i>Choice of chicken, beef, shrimp, tofu or vegetable</i>		
59	Lo Mein	7.70	9.70
	<i>Choice of pork, chicken, beef, shrimp, tofu or vegetable</i>		
60	House Special Lo Mein	8.50	10.50
61	Seafood Lo Mein	9.50	11.50
62	Rice Noodle	7.70	9.70
	<i>Choice of pork, chicken, beef, shrimp, tofu or vegetable</i>		
63	Beef Chow Foon		10.70
64	Singapore Rice Noodle (curry flavor)		10.70

For people who cannot eat wheat,
any lo mein meal can be made with rice noodle.

Fried Rice

Brown rice option is available upon request

		Small	Large
65	Fried Rice	6.70	8.70
	<i>Choice of chicken, beef, pork, shrimp or vegetable</i>		
66	Duck Fried Rice		9.70
67	House Fried Rice	6.70	9.70
68	Pineapple Fried Rice		8.70
69	Basil Chicken Fried Rice	7.00	9.00
70	Steamed Rice	Sm 2.70 Lg 4.25	
71	Brown Rice	Sm 3.50 Lg 4.70	
72	Healthy Akai Rice	Sm 5.25 Lg 9.50	

For Health Conscious People

Gluten Free

Served with White Rice / Brown Rice

73	Gluten Free Ginger Scallion Chicken	14.25
74	Gluten Free Spicy Chicken with Peapod	14.25

Health
Starts from Organic & Natural Food
(No growth hormone, no antibiotics)



We only use all natural white meat chicken.

Entree

		Small	Large
75	Mango Chicken	9.25	13.25
	<i>White meat chicken stir-fried with fresh mango, pepper. In fresh mango sauce.</i>		
76	General Gao Chicken (must try)	9.25	13.25
77	Gong Bao Chicken/Beef	9.25	13.25
78	Chicken/Beef with Mixed Vegetables	9.25	13.25
79	Ginger Chicken/Beef (must try)	9.25	13.25
80	Orange Chicken/Beef	9.25	13.25
81	Sesame Chicken/Beef	9.25	13.25
82	Chicken/Beef with Broccoli	9.25	13.25
83	Chicken/Beef w/ Pepper Onion	9.25	13.25
84	Yuen Yang Spicy Chicken/Beef	9.25	13.25
	<i>In a hot pepper sauce, served on bed of string bean</i>		
85	General Gao Shrimp (must try)	9.70	14.70
86	Hong Kong Shrimp	9.70	14.70
	<i>With black bean sauce & bean</i>		
87	Imperial Couple	10.70	15.70
	<i>Shrimp and scallop, snow peapods and ginger scallions</i>		
88	Shang Hai Duck		15.45
	<i>Roasted duck stir-fried with snow peapods, black mushroom in Shanghai spicy sauce.</i>		
89	Lobster Sauce	6.25	9.25
90	Shrimp in Lobster Sauce	10.70	14.70
91	Shrimp w/ Ginger Scallion Sauce	10.70	14.70
92	Summer Shrimp (must try)	10.70	14.70
	<i>With white creamy pineapple sauce</i>		
93	Three Delight	10.70	14.70
	<i>Chicken, beef, shrimp and vegetable with tasty brown sauce</i>		
94	Crystal Scallop		14.70
	<i>Fresh large scallops, snow peapods, carrots & black mushrooms stir-fried in a light sauce, just a hint of garlic & ginger.</i>		
95	Soft Shell Crab with Ginger Scallion Sauce		16.70
96	Hong Kong Chicken with String Bean	9.25	13.25
97	Paradise Chicken	9.25	13.25
	<i>With pea pods, black mushroom, bell pepper and spicy sauce</i>		
98	Gai Po Lo Mein (for 2)		19.70
99	Sweet & Sour Chicken	9.25	13.25
100	Chicken/Beef with Ginger Scallion and Vegetable	9.25	13.25
101	Chinese Eggplant with Chicken/Beef	9.25	13.25
102	Salted & Peppery Crispy Chicken	9.25	13.25
103	Hunan Spicy Chicken/Beef	9.25	13.25

Created Your Own Tidbit

T1	Tidbit Choose Three Items : (Lunch only)	8.75
	<i>Spring roll, egg roll, chicken wing, chicken finger, boneless ribs, crab rangoon, fried shrimp, beef teriyaki and chicken teriyaki served with pork fried rice</i>	
T2	Tidbit Choose Four Items : (All day available)	11.45
	<i>spring roll, egg roll, chicken wing, chicken finger, boneless ribs, crab rangoon, fried shrimp, beef teriyaki and chicken teriyaki served with pork fried rice</i>	

Lunch & Dinner Special

Served daily. Served with pork fried rice.
Lunch special from 11:30 am to 4:00 pm
Dinner special from 4:00 pm until closed.
(Added one appetizer : spring roll, egg roll, chicken wing, chicken finger, boneless ribs, crab rangoon \$1.00 extra)

		Lunch	Dinner
C1	Sweet and Sour Chicken	8.50	11.00
C2	Chicken with Vegetable	8.50	11.00
C3	Moo Goo Gai Pan	8.50	11.00
C4	Gong Bao Chicken	8.50	11.00
C5	General Gao Chicken	8.50	11.00
C6	Chicken with Cashew Nuts	8.50	11.00
C7	Beef with Vegetable	8.50	11.00
C8	Beef with Pepper and Onion	8.50	11.00
C9	Beef with Broccoli	8.50	11.00
C10	Hunan Beef	8.50	11.00
C11	Yu Hsiang Beef (garlic sauce)	8.50	11.00
C12	Pork Egg Foo Yong	8.50	11.00
C13	Chicken Chow Mein	8.50	11.00
C14	Chicken Choy Suey	8.50	11.00
C15	Chicken Lo Mein	8.50	11.00
C16	Yu Hsiang Eggplant (garlic sauce)	8.50	11.00
C17	Family Style Tofu	8.50	11.00
C18	Vegetable Delight	8.50	11.00
C19	Shrimp with Vegetable	9.00	12.00
C20	Shrimp with Lobster Sauce	9.00	12.00
C21	Calamari with Black Bean Sauce	8.70	11.50
C22	Steamed Chicken with Vegetable	8.50	11.00
C23	Steamed Shrimp with Vegetable	9.00	12.00
C24	Yu Hsiang Two Delights		
	<i>Garlic sauce (chicken & beef)</i>	9.25	11.50
C25	Three Delights (chicken, beef & shrimp)	9.70	11.25

Sushi Lunch Special

Served from 11:30am - 4:00pm, all comes with miso soup

S1	Shrimp & Vegetable Tempura Combo	10.45
	<i>4 pcs shrimp ans 6 pcs vegetable</i>	
S2	Gourmet Plate	13.45
	<i>3 pcs tuna sushi, 3 pcs sashimi and 1 California roll</i>	
S3	Sushi and Sashimi Combo	13.45
	<i>3 pcs tuna sashimi, 6 pcs chef's choice sushi</i>	
S4	Choose Two Makies	10.45
	Three Makies	14.45

- Avocado Maki
- Tuna Maki
- Tuna Avocado Maki
- Cucumber Maki
- Salmon Maki
- Salmon Avocado Maki
- Idaho Maki
- Spicy Tuna Maki
- Una-Avo Maki
- Philadelphia Maki
- Spicy Salmon Maki
- Fashion Maki
- California Maki
- Spicy Yellowtail Maki
- Shrimp Tempura Maki
- Alaskan Maki

Japanese

Low Carb Appetizers

From Sushi Bar

104	Naruto (Cucumber Roll) <i>Crab stick, flying fish roe & avocado rolled with thin slice cucumber.</i>	8.70
105	Eel-Avocado Naruto	8.70
106	Spicy Salmon Naruto	8.70
107	Spicy Tuna Naruto	8.70
108	Spicy Yellow Tail Naruto	8.70
109	Esther Special <i>Tuna, seaweed and avocado</i>	10.70
110	Kenny Cucumber Hand Roll <i>Spicy tuna rolled with thin sliced cucumber.</i>	9.70
111	Libby Torch Salmon Special	13.70
112	Sashimi Appertizer <i>Assorted filets of raw fish.</i>	10.70
113	Torch Salmon with Spicy Miso-Ginger	9.70
114	Tuna Tataki <i>Lightly boiled, topped with scallions, served with chef's special sauce.</i>	9.70
115	White Escolar Tuna Tataki	9.70
116	Kobe Beef Carpaccio	17.70
117	Octopus Carpaccio	9.70

Sushi Combo

118	Sushi Cook Combo <i>Chef's choice of cooked sushi.</i>	17.95
119	Sushi Plate <i>7 pcs chef's choice sushi & 1 maki.</i>	17.95
120	Sushi Deluxe	20.95
121	Sashimi Plate <i>Chef's choice of assorted raw fish filets.</i>	20.95
122	Sashimi Deluxe	25.95
123	Makimono Combo <i>Spicy tuna maki, California maki & crazy maki.</i>	15.95
124	Party Boat for 2 <i>Nigiri sushi, assorted makimono & sashimi.</i>	51.95
125	Party Boat for 3-4 <i>Nigiri sushi, assorted makimono & sashimi.</i>	91.95
126	Party Boat for 6 <i>Nigiri sushi, assorted makimono & sashimi.</i>	130.95
127	Chirashi	16.45

Seafood is a source of high-quality protein, vitamins, and minerals, which can be an important part of a balanced diet. However pregnant women, women of child bearing age, and children under the age of 12 are advised to not eat the following marine fish:
Swordfish Shark Tilefish King Mackerel
Canned tuna and tuna steaks should be limited.

Ishiyaki

(hot stone grill) Dine-in Only

Tuna (6 pcs)	12.45
Toro (5 pcs)	22.45
Salmon (6 pcs)	12.45
Kobe Beef (6 pcs)	17.45
Yellowtail (6 pcs)	12.45
White Escolar Tuna (6 pcs)	12.45
Fish Combo <i>Tuna(2) salmon (2) yellowtail (2) white escolar tuna (2)</i>	15.45
Steak	12.45

Sushi A La Carte

Sushi order 2 pcs;
Sashimi order 3 pcs.
Brown rice 50¢ extra per order.
Akai rice \$1.25 extra per order.

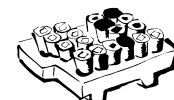


We only use organic sushi rice.

	sushi	sashimi
Ebi (Shrimp)	5.45	5.45
Ika* (Squid)	4.90	4.90
Inari (Tofu)	3.90	3.90
Kanikama (Crab stick)	4.90	4.90
Saba* (Mackerel)	4.90	4.90
Ikura* (Salmon roe)	5.90	5.90
Ikura with Quail Egg*	6.90	6.90
Sake* (Salmon)	6.70	6.70
Hotategai* (Scallop)	6.70	6.70
Smoked Salmon	6.50	6.50
Hokkigai* (Surf clam)	5.45	5.45
Suzuki* (Bass)	4.90	4.90
Tako (Octopus)	4.90	4.90
Tamago (Egg)	4.90	4.90
Tobiko* (Flying fish roe)	5.45	5.45
Tobiko with Quail Egg*	5.90	5.90
Toro* (Fatty tuna)	17.70	17.70
Maguro* (Tuna)	6.70	6.70
Unagi (Grilled eel)	6.70	6.70
Uni* (Sea urchin)	7.90	7.90
White Escolar Tuna	6.70	6.70
Hamachi* (Yellowtail)	6.70	6.70

Makimono

Brown rice maki 50¢ extra,
Akai rice \$1.00 extra/order



Kappa Maki <i>Cucumber</i>	4.70
Oshinko Maki <i>Pickled radish</i>	4.70
Avocado Maki	4.70
Idaho Maki <i>Sweet potato tempura</i>	4.70
Avocado-Cucumber Maki	5.70
Una-Avo Maki <i>Grilled eel & avocado</i>	7.00
Una-Kyu Maki <i>Grilled eel & cucumber</i>	7.00
Futo Maki <i>Egg, crab stick & vegetables</i>	7.70
Fashion Maki <i>Grilled eel, avocado, cream cheese & flying fish roe</i>	8.70
Scorpion Maki <i>Grilled eel, avocado, flying fish roe, covered with shrimp</i>	11.90
Caterpillar Maki <i>Grilled eel, avocado, cucumber, flying fish roe, rolled in the shape of a caterpillar</i>	12.70
Salmon Skin Maki <i>Salmon skin, scallions & cucumber</i>	5.70
Fancy Maki <i>Salmon skin, avocado, cucumber, salmon roe & scallions with bonito flakes</i>	7.70
Rising Sun Maki <i>Fried salmon, avocado, flying fish roe & scallions</i>	9.70
California Maki <i>Crab stick, cucumber & flying fish roe</i>	6.70
Crazy Maki (must try) <i>Shrimp tempura, avocado, cucumber, tobiko & spicy mayo</i>	9.70
House Dragon Maki (must try) <i>Shrimp tempura, crab stick, topped with eel, avocado & tobiko</i>	11.75
Spider Maki <i>Deep-fried soft shell crab, avocado, cucumber, tobiko & spicy mayo</i>	10.75
Snow Mountain Maki (must try) <i>Shrimp tempura inside top with crab stick</i>	13.70
Lobster Maki <i>Lobster, mango, asparagus</i>	14.70

(V) = Vegetable Roll

(R) = Raw Fish Roll

(C) = Cooked Roll

Alaskan Maki <i>Salmon, avocado, cucumber & scallions</i>	6.70
Christmas Maki (must try) <i>Shrimp tempura, avocado, tuna</i>	14.70
Hawaii Maki <i>Spicy tuna wrapped with avocado & mayo in rice nori</i>	11.70
Lenny Roll Maki <i>Salmon, cream cheese, cucumber & scallions</i>	6.70
Negihama Maki <i>Yellowtail & scallion</i>	6.20
New Wave Maki (must try) <i>Spicy tuna inside, yellowtail, salmon, avocado outside. Tempura crumb with 3 kinds of special sauce on top</i>	16.70
Philadelphia Maki <i>Smoked salmon, cream cheese, cucumber & scallions</i>	7.70
Pink Lady Maki <i>Spicy seafood, asparagus, mango with chef's special sauce</i>	15.90
Rainbow Maki <i>Crab stick, cucumber & flying fish roe top with white fish, salmon, avocado</i>	11.70
Red Dragon Maki (must try) <i>Shrimp tempura, spicy tuna</i>	12.70
Rock And Roll Maki <i>Spicy scallop inside, lobster salad outside, topped with black tobiko, red tobiko, wasabi tobiko</i>	18.95
Salmon Maki	5.75
Spicy Salmon Maki	6.70
Spicy Tuna Maki	6.70
Spicy Yellowtail Maki	6.70
Tekka Maki <i>Tuna roll</i>	5.75

Rent Sushi Boat or Catering Equipment
at zero cost if you order from us.
(deposit is required)

Note: We sell premier grade wild caught fish available.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of foodborne illness.

NEW MENU



GOURMET GARDEN

CHINESE-HIBACHI-SUSHI-LOUNGE



#1 NO M.S.G.

#2 0 TRANS FAT

#3 HEALTHY MULTI-GRAINS RICE

#4 NATURAL CHICKEN MEAT (NO GROWTH HORMONE, NO ANTIBIOTICS)

T. 774.678.0595

F. 774.678.0537

2421 Cranberry Hwy., Suite 420
Wareham, MA 02571
(Wareham Crossing Shopping Center)

WE DELIVER

(Wareham & Marion area)
(\$20 minimum order with \$3 fuel charge)

Online Ordering VIA
GourmetGardenWareham.com

Before placing your order, please inform your server if a person in your party has a food allergy.