

Chinese

0 Trans Fat No MSG All Appetizers are Freshly Made

Appetizers

1	Edamame	7.25
	<i>Steamed soy bean with sea salt</i>	
2	Vegetable Spring Roll	6.50
3	Egg Roll	6.50
4	Shu Mai (steamed or fried) (8)	7.20
5	Peking Ravioli (steamed or fried)	10.00
6	Fried Shrimp	11.20
7	Salt & Pepper Soft Shell Crab	15.20
8	Chicken Wing	11.75
9	Chicken Fingers	11.20
10	Crab Rangoon	10.20
11	Spicy Tuna Rangoon	12.20
12	Chicken Teriyaki	10.50
13	Beef Teriyaki	10.50
14	Boneless Rib	11.75
15	Barbecued Spare Ribs	12.75
16	Salted & Pepper Calamari	14.20
17	Salted & Pepper Shrimp	16.20
18	Phil's Amazing Special	14.20
	<i>Tuna, salmon, white fish and avocado in tempura batter with sweet and sour sauce</i>	
19	Organic Chicken Lettuce Wrap	
	with Pinenut (must try)	11.20
20	Shrimp Lettuce Wrap	14.20
21	Vegetable Tempura	9.20
22	Scallion Pancake	7.20
23	Pu Pu Platter	for 1 14.25 for 2 24.75
	<i>Egg roll, crab Rangoon, fried shrimp, chicken wings, chicken fingers, beef teriyaki and boneless ribs</i>	
24	Thai Ribs (sweet & sour flavor)	14.25
25	Salt & Pepper Wings	11.75
26	Pork Gyoza (Japanese dumpling)	7.50
27	Vegetable Dumpling	7.20

Salad

30	Spicy Seafood Salad	10.20
31	Avocado Salad	9.00
32	Seaweed Salad	9.00
33	Lobster Salad	16.20
34	Grilled Salmon Organic Salad	13.20
	<i>Seared rare with black pepper and toasted sesame seeds, mixed field organic greens, lettuce, cucumber with yuzu citrus dressing.</i>	
35	Grilled Tuna Organic Salad	13.20
	<i>Seared rare with black pepper and toasted sesame seeds, mixed field organic greens, lettuce, cucumber with yuzu citrus dressing.</i>	

 Indicates spicy

Core Value
We sell the highest quality food available.

THREE EASY STEPS FOR YOUR CATERING:

1. Please call 774.678.0595 or fax 774.678.0537 or email to GourmetGardenWareham@gmail.com;
2. Simply tell our manager your budget;
3. That's it! We will take care of the rest!

Book Your Party Now!

Private Party Room
Can Accommodate
Parties For 100 People

AKAI RICE

(Multi-Grains, Contains Wheat)
Strongly recommended,
good for your health.

Contains no sugar. 56 times more fiber than regular rice, easy to digest, helps to clean (detoxify) the colon. Lower blood sugar levels, reduces water weight and bloating.

- LUNCH
- DINNER
- TAKE OUT
- COCKTAILS
- FUNCTIONS
- CATERING
- HIBACHI COOKING SHOW 

HOURS

Sun. - Thurs. 11:30 am - 10:00 pm
Fri. - Sat. 11:30 am - 11:00 pm

Soup

		Small	Large
37	Hot and Sour Soup	5.75	8.20
38	Wonton Soup	5.75	8.20
39	Miso Soup	4.25	6.20
40	Chicken Noodle Soup	6.20	10.75
41	Chicken Rice Soup	6.20	10.75
42	Vegetable Noodle Soup	6.00	10.50
43	Chinese Seafood Soup (for 2)	13.20	
44	Chicken Corn Soup (for 2)	11.20	

Vegetarian

Sautéed, steamed option is available upon request

45	Broccoli	12.20
46	Chinese Baby Bok Choy	12.20
47	String Bean	12.20
48	Vegetable Delight	12.20
49	Eggplant (in garlic sauce)	12.20
50	Ginger Tofu	12.20
51	Family Style Tofu	12.20

Diet Selection

52	Steamed Vegetable & Tofu	12.20
53	Steamed Chicken with Vegetables	14.20
54	Steamed Shrimp with Vegetables	16.20

Old Time Favorites

55	Chow Mein or Chop Suey	10.75
	<i>Choice of chicken, beef, shrimp, vegetable or pork</i>	
56	Egg Foo Yong	11.00
	<i>Choice of pork, beef, chicken, shrimp or vegetable</i>	
57	Moo Shi	12.20
	<i>Choice of chicken, pork, beef, shrimp or vegetable</i>	

Noodles

	Small	Large
58	Pad Thai	10.20 13.50
	<i>Choice of chicken, beef, shrimp, tofu or vegetable</i>	
59	Lo Mein	9.20 11.20
	<i>Choice of pork, chicken, beef, shrimp, tofu or vegetable</i>	
60	House Special Lo Mein	10.00 12.00
61	Seafood Lo Mein	11.00 13.00
62	Rice Noodle	9.20 11.20
	<i>Choice of pork, chicken, beef, shrimp, tofu or vegetable</i>	
63	Beef Chow Foon	12.20
64	Singapore Rice Noodle (curry flavor)	12.20

For people who cannot eat wheat, any lo mein meal can be made with rice noodle.

Fried Rice

Brown rice option is available upon request

	Small	Large
65	Fried Rice	8.20 10.20
	<i>Choice of chicken, beef, pork, shrimp or vegetable</i>	
66	Duck Fried Rice	11.20
67	House Fried Rice	8.25 11.25
68	Pineapple Fried Rice	10.20
69	Basil Chicken Fried Rice	8.50 11.20
70	Steamed Rice	4.20 5.75
71	Brown Rice	5.00 6.20
72	Healthy Akai Rice	6.75 11.00

For Health Conscious People

Gluten Free

Served with White Rice / Brown Rice

73	Gluten Free Ginger Scallion Chicken	15.75
74	Gluten Free Spicy Chicken with Peapod	15.75

Health
Starts from Organic & Natural Food
(No growth hormone, no antibiotics)

NEW

We only use all natural white meat chicken.

Entree

	Small	Large
75	Mango Chicken	10.75 14.75
	<i>White meat chicken stir-fried with fresh mango, pepper. In fresh mango sauce.</i>	
76	General Gao Chicken (must try)	10.75 14.75
77	Gong Bao Chicken/Beef	10.75 14.75
78	Chicken/Beef with Mixed Vegetables	10.75 14.75
79	Ginger Chicken/Beef (must try)	10.75 14.75
80	Orange Chicken/Beef	10.75 14.75
81	Sesame Chicken/Beef	10.75 14.75
82	Chicken/Beef with Broccoli	10.75 14.75
83	Chicken/Beef w/ Pepper Onion	10.75 14.75
84	Yuen Yang Spicy Chicken/Beef	10.75 14.75
	<i>In a hot pepper sauce, served on bed of string bean</i>	
85	General Gao Shrimp (must try)	11.20 16.20
86	Hong Kong Shrimp	11.20 16.20
	<i>With black bean sauce & bean</i>	
87	Imperial Couple	12.20 17.20
	<i>Shrimp and scallop, snow peapods and ginger scallions</i>	
88	Shanghai Duck	16.95
	<i>Roasted duck stir-fried with snow peapods, black mushroom in Shanghai spicy sauce.</i>	
89	Lobster Sauce	7.75 10.75
90	Shrimp in Lobster Sauce	12.20 16.20
91	Shrimp w/ Ginger Scallion Sauce	12.20 16.20
92	Summer Shrimp (must try)	12.20 16.20
	<i>With white creamy pineapple sauce</i>	
93	Three Delight	12.20 16.20
	<i>Chicken, beef, shrimp and vegetable with tasty brown sauce</i>	
94	Crystal Scallop	16.20
	<i>Fresh large scallops, snow peapods, carrots & black mushrooms stir-fried in a light sauce, just a hint of garlic & ginger.</i>	
95	Soft Shell Crab with Ginger Scallion Sauce	18.20
96	Hong Kong Chicken with String Bean	10.75 14.75
97	Paradise Chicken	10.75 14.75
	<i>With pea pods, black mushroom, bell pepper and spicy sauce</i>	
98	Gai Po Lo Mein (for 2)	21.20
99	Sweet & Sour Chicken	10.75 14.75
100	Chicken/Beef with Ginger Scallion and Vegetable	10.75 14.75
101	Chinese Eggplant with Chicken/Beef	10.75 14.75
102	Salted & Peppery Crispy Chicken	10.75 14.75
103	Hunan Spicy Chicken/Beef	10.75 14.75

Create Your Own Tidbit

- T1 Tidbit Choose Three Items : (Lunch only) 10.25
Spring roll, egg roll, chicken wing, chicken finger, boneless ribs, crab rangoon, fried shrimp, beef teriyaki and chicken teriyaki served with pork fried rice
- T2 Tidbit Choose Four Items : (All day available) 12.95
spring roll, egg roll, chicken wing, chicken finger, boneless ribs, crab rangoon, fried shrimp, beef teriyaki and chicken teriyaki served with pork fried rice

Lunch & Dinner Special

Served daily. Served with pork fried rice.
Lunch special from 11:30 am to 4:00 pm
Dinner special from 4:00 pm until closed.
(Added one appetizer : spring roll, egg roll, chicken wing, chicken finger, boneless ribs, crab rangoon \$1.00 extra)

	Lunch	Dinner
C1	Sweet and Sour Chicken	10.00 13.00
C2	Chicken with Vegetable	10.00 13.00
C3	Moo Goo Gai Pan	10.00 13.00
C4	Gong Bao Chicken	10.00 13.00
C5	General Gao Chicken	10.00 13.00
C6	Chicken with Cashew Nuts	10.00 13.00
C7	Beef with Vegetable	10.00 13.00
C8	Beef with Pepper and Onion	10.00 13.00
C9	Beef with Broccoli	10.00 13.00
C10	Hunan Beef	10.00 13.00
C11	Yu Hsiang Beef (garlic sauce)	10.00 13.00
C12	Pork Egg Foo Yong	10.00 13.00
C13	Chicken Chow Mein	10.00 13.00
C14	Chicken Choy Suey	10.00 13.00
C15	Chicken Lo Mein	10.00 13.00
C16	Yu Hsiang Eggplant (garlic sauce)	10.00 13.00
C17	Family Style Tofu	10.00 13.00
C18	Vegetable Delight	10.00 13.00
C19	Shrimp with Vegetable	10.50 13.50
C20	Shrimp with Lobster Sauce	10.50 13.50
C21	Calamari with Black Bean Sauce	10.25 13.00
C22	Steamed Chicken with Vegetable	10.00 12.50
C23	Steamed Shrimp with Vegetable	10.50 13.50
C24	Yu Hsiang Two Delights	10.75 13.00
	<i>Garlic sauce (chicken & beef)</i>	
C25	Three Delights (chicken, beef & shrimp)	11.20 12.75

Sushi Lunch Special

- Served from 11:30am - 4:00pm, all comes with miso soup
- S1 Shrimp & Vegetable Tempura Combo 11.95
4 pcs shrimp and 6 pcs vegetable
- S2 Gourmet Plate 14.95
3 pcs tuna sushi, 3 pcs sashimi and 1 California roll
- S3 Sushi and Sashimi Combo 14.95
3 pcs tuna sashimi, 6 pcs chef's choice sushi
- S4 Choose Two Makies 11.95 Three Makies 15.95

- Avocado Maki
- Tuna Maki
- Tuna Avocado Maki
- Cucumber Maki
- Salmon Maki
- Salmon Avocado Maki
- Idaho Maki
- Spicy Tuna Maki
- Una-Avo Maki
- Philadelphia Maki
- Spicy Salmon Maki
- Fashion Maki
- California Maki
- Spicy Yellowtail Maki
- Shrimp Tempura Maki
- Alaskan Maki

Japanese

Low Carb Appetizers

From Sushi Bar

104	Naruto (Cucumber Roll) <i>Crab stick, flying fish roe & avocado rolled with thin slice cucumber.</i>	10.20
105	Eel-Avocado Naruto	10.20
106	Spicy Salmon Naruto	10.20
107	Spicy Tuna Naruto	10.20
108	Spicy Yellow Tail Naruto	10.20
109	Esther Special <i>Tuna, seaweed and avocado</i>	12.20
110	Kenny Cucumber Hand Roll <i>Spicy tuna rolled with thin sliced cucumber.</i>	11.20
111	Libby Torch Salmon Special	15.20
112	Sashimi Appertizer <i>Assorted filets of raw fish.</i>	12.20
113	Torch Salmon with Spicy Miso-Ginger	11.20
114	Tuna Tataki <i>Lightly boiled, topped with scallions, served with chef's special sauce.</i>	11.20
115	White Escolar Tuna Tataki	11.20
116	Kobe Beef Carpaccio	19.20
117	Octopus Carpaccio	11.20

Sushi Combo

118	Sushi Cook Combo <i>Chef's choice of cooked sushi.</i>	19.45
119	Sushi Plate <i>7 pcs chef's choice sushi & 1 maki.</i>	19.45
120	Sushi Deluxe	22.45
121	Sashimi Plate <i>Chef's choice of assorted raw fish filets.</i>	22.45
122	Sashimi Deluxe	27.45
123	Makimono Combo <i>Spicy tuna maki, California maki & crazy maki.</i>	17.45
124	Party Boat for 2 <i>Nigiri sushi, assorted makimono & sashimi.</i>	53.45
125	Party Boat for 3-4 <i>Nigiri sushi, assorted makimono & sashimi.</i>	93.45
126	Party Boat for 6 <i>Nigiri sushi, assorted makimono & sashimi.</i>	132.45
127	Chirashi	17.95

Seafood is a source of high-quality protein, vitamins, and minerals, which can be an important part of a balanced diet. However pregnant women, women of child bearing age, and children under the age of 12 are advised to not eat the following marine fish: Swordfish, Shark, Tilefish, King Mackerel. Canned tuna and tuna steaks should be limited.

Ishiyaki

(hot stone grill) Dine-in Only

Tuna (6 pcs)	13.95
Toro (5 pcs)	23.95
Salmon (6 pcs)	13.95
Kobe Beef (6 pcs)	21.95
Yellowtail (6 pcs)	13.95
White Escolar Tuna (6 pcs)	13.95
Fish Combo <i>Tuna(2) salmon (2) yellowtail (2) white escolar tuna (2)</i>	16.95
Steak	13.95

Sushi A La Carte

Sushi order 2 pcs;
Sashimi order 3 pcs.
Brown rice 50¢ extra per order.
Akai rice \$1.25 extra per order.

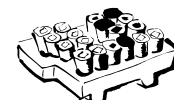


We only use organic sushi rice.

	sushi	sashimi
Ebi (Shrimp)	6.95	6.95
Ika* (Squid)	6.40	6.40
Inari (Tofu)	5.40	5.40
Kanikama (Crab stick)	6.40	6.40
Saba* (Mackerel)	6.40	6.40
Ikura* (Salmon roe)	7.40	7.40
Ikura with Quail Egg*	8.40	8.40
Sake* (Salmon)	8.20	8.20
Hotategai* (Scallop)	8.20	8.20
Smoked Salmon	8.00	8.00
Hokkigai* (Surf clam)	6.95	6.95
Suzuki* (Bass)	6.40	6.40
Tako (Octopus)	6.40	6.40
Tamago (Egg)	6.40	6.40
Tobiko* (Flying fish roe)	6.95	6.95
Tobiko with Quail Egg*	7.40	7.40
Toro* (Fatty tuna)	19.20	19.20
Maguro* (Tuna)	8.20	8.20
Unagi (Grilled eel)	8.20	8.20
Uni* (Sea urchin)	9.40	9.40
White Escolar Tuna	8.20	8.20
Hamachi* (Yellowtail)	8.20	8.20

Makimono

Brown rice maki 50¢ extra,
Akai rice \$1.00 extra/order



Kappa Maki <i>Cucumber</i>	6.20
Oshinko Maki <i>Pickled radish</i>	6.20
Avocado Maki	6.20
Idaho Maki <i>Sweet potato tempura</i>	6.20
Avocado-Cucumber Maki	7.20
Una-Avo Maki <i>Grilled eel & avocado</i>	9.20
Una-Kyu Maki <i>Grilled eel & cucumber</i>	9.20
Futo Maki <i>Egg, crab stick & vegetables</i>	9.20
Fashion Maki <i>Grilled eel, avocado, cream cheese & flying fish roe</i>	10.20
Scorpion Maki <i>Grilled eel, avocado, flying fish roe, covered with shrimp</i>	13.40
Caterpillar Maki <i>Grilled eel, avocado, cucumber, flying fish roe, rolled in the shape of a caterpillar</i>	14.20
Salmon Skin Maki <i>Salmon skin, scallions & cucumber</i>	7.20
Fancy Maki <i>Salmon skin, avocado, cucumber, salmon roe & scallions with bonito flakes</i>	9.20
Rising Sun Maki <i>Fried salmon, avocado, flying fish roe & scallions</i>	11.20
California Maki <i>Crab stick, cucumber & flying fish roe</i>	8.20
Crazy Maki (must try) <i>Shrimp tempura, avocado, cucumber, tobiko & spicy mayo</i>	11.20
House Dragon Maki (must try) <i>Shrimp tempura, crab stick, topped with eel, avocado & tobiko</i>	13.25
Spider Maki <i>Deep-fried soft shell crab, avocado, cucumber, tobiko & spicy mayo</i>	12.25
Snow Mountain Maki (must try) <i>Shrimp tempura inside top with crab stick</i>	15.20
Lobster Maki <i>Lobster, mango, asparagus</i>	16.20

(V) = Vegetable Roll

(R) = Raw Fish Roll

(C) = Cooked Roll

Alaskan Maki <i>Salmon, avocado, cucumber & scallions</i>	8.20
Christmas Maki (must try) <i>Shrimp tempura, avocado, tuna</i>	16.20
Hawaii Maki <i>Spicy tuna wrapped with avocado & mayo in rice nori</i>	13.20
Lenny Roll Maki <i>Salmon, cream cheese, cucumber & scallions</i>	8.20
Negihama Maki <i>Yellowtail & scallion</i>	7.70
New Wave Maki (must try) <i>Spicy tuna inside, yellowtail, salmon, avocado outside. Tempura crumb with 3 kinds of special sauce on top</i>	18.20
Philadelphia Maki <i>Smoked salmon, cream cheese, cucumber & scallions</i>	9.20
Pink Lady Maki <i>Spicy seafood, asparagus, mango with chef's special sauce</i>	17.40
Rainbow Maki <i>Crab stick, cucumber & flying fish roe top with white fish, salmon, avocado</i>	13.20
Red Dragon Maki (must try) <i>Shrimp tempura, spicy tuna</i>	14.20
Rock And Roll Maki <i>Spicy scallop inside, lobster salad outside, topped with black tobiko, red tobiko, wasabi tobiko</i>	20.45
Salmon Maki	7.25
Spicy Salmon Maki	8.20
Spicy Tuna Maki	8.20
Spicy Yellowtail Maki	8.20
Tekka Maki <i>Tuna roll</i>	7.25

Rent Sushi Boat or Catering Equipment
at zero cost if you order from us.
(deposit is required)

Note: We sell premier grade wild caught fish available.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of foodborne illness.

2021.12 Edition



GOURMET GARDEN

CHINESE • HIBACHI • SUSHI • LOUNGE



- #1 NO M.S.G.
- #2 0 TRANS FAT
- #3 HEALTHY MULTI-GRAINS RICE
- #4 NATURAL CHICKEN MEAT (NO GROWTH HORMONE, NO ANTIBIOTICS)

T. 774.678.0595

F. 774.678.0537

2421 Cranberry Hwy., Suite 420
Wareham, MA 02571
(Wareham Crossing Shopping Center)

WE DELIVER
(Wareham & Marion area)
(\$20 minimum order with \$3 fuel charge)

Online Ordering VIA
GourmetGardenWareham.com

Before placing your order, please inform your server if a person in your party has a food allergy.